

Easy Guide Highland

Integrated Children's Services



“Getting it right for every child - Highland's Children”

The Children's Services Managers Group (SMG) is the lead body of Managers involved in the provision of services for children & young people. The SMG is tasked with ensuring strong integration and high quality of services for children and families in Highland. Encompassing Education, Social Work, NHS, Northern Constabulary and partner services and agencies, the SMG facilitates the development of services and professional networks around Associated School Groups and their communities. As part of our commitment to ensuring best use of resources and early intervention this guide has been developed to assist you.

This Easy Guide has been updated at the request of local staff who found the previous edition a useful element of their resources library. We are keen to ensure staff know what resources are available. This information is ever changing. Consequently, the Easy Guide focuses on directing you to resource web sites, ensuring you see the most up to date information on a service or resource.

When working with a child & family a Named Person or Lead Professional will find this updated Easy Guide a useful tool for tracking down resources to help in the development of a Childs Plan. Equally, it is hoped that it will be of use to all staff working with children and young people.

The Easy Guide will be updated on a regular basis. If you become aware of any amendments, errors or additions please forward to Maggie Tytler.

Please do not hesitate to let us know of ways in which this resource might be improved.

<http://www.forhighlandchildren.org/4-icspublication/>

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ABRIACHAN FOREST TRUST

www.abriachan.org.uk/

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ACTION FOR CHILDREN

Highland

Action for Children is one of Britain's leading charities providing services for children, young people and their families.

www.actionforchildren.org.uk

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ACTION FOR CHILDREN (Family Support)

Highland

Action for Children Scotland has two family support services in Ross, Skye and Lochaber.

These provide support with parenting and child development for families with children aged 0-3 years.

Thorfin House

Bridgend Rd

DINGWALL

IV15 9SL

Tel/Fax 01349 880548

www.actionforchildren.org.uk/content/437/Family-support

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ACTION FOR CHILDREN *Gael Og ISMS*

Highland

This project is for:-

- Young people aged 12-17 years whose placement is at risk
- Young people who are difficult to work with
- Young people who are in need of continuing supervision

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ACTION FOR CHILDREN *Gael Og Probation*

Highland

This project is for:-

- Adult offenders who are involved in serious or repeat offending
- Those who are at risk of further offending

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ACTION FOR CHILDREN *Gael Og Mentoring*

Highland

This project is for:-

- Young people aged 12-18 years, at risk or who have developed a substance misuse problem
- Young people who are affected by substance misuse by family or carers

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ACTION FOR CHILDREN *Gael Og Drug and Alcohol Advice*

Highland

This project is for:-

- Young people aged 12-18 who require information, support, advice or signposting on substance related issues
- Parents, carers and professionals who require information, support, advice or signposting on substance misuse issues.

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ACTION FOR CHILDREN - Foster Care North Project

Highland

The Foster Care North Project specialises in high quality placements for children/young people with complex needs or challenging behaviour.

Email: fostercarenorth@actionforchildren.org.uk

www.actionforchildren.org.uk/content/440/Children-in-care

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Contact Details for Action for Children:-

Action for Children
1st Floor, Highland Rail House
Station Square
Inverness
IV1 1LE
Tel 01463 717227 Fax: 01463 236335

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ALCOHOL & ADDICTIONS COUNSELLING SERVICE

CSER

The Alcohol & Addictions Counselling Service covers an age range from 12 years upwards. Fully trained counsellors who have supervised practise offers:

1-1 counselling
Couple Counselling
Trained as GENERIC Counsellors
Group Counselling
Support for family / friends / partners.
Information & Guidance
Telephone Counselling
Education in schools.

Open - Mon - Friday 8.30am - 4pm phones monitored evenings and weekends.

Appointments by phone / email / text. Open to the public.

Tel: 01862 894097 / Mobile: 07920 776024

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AN CALA

Lochaber

We provide intensive support and vocational training unit for young people with Emotional, Social and Behavioural difficulties in the Lochaber area.

Contact

Mary Corcoran, Manager, An Cala, Lochaber College, FORT WILLIAM, PH33 6AN

Tel 01397 874228

Email mary.corcoran@highland.gov.uk

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BARNARDO'S

Highland

The Springboard Service offers Throughcare and aftercare support for young people aged 15 - 20, who are looked after or were previously looked after by Highland Council.

We work with young people to help them plan and prepare for the time when they move on to live independently and continue to offer advice, guidance and support when they are living on their own.

www.barnardos.org.uk

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BOYS BRIGADE

Highland

There are 3 sections in the Boys Brigade for boys aged from 5 to 17.

www.boys-brigade.org.uk/

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BROOK ADVISORY SERVICE (SEXUAL HEALTH)

Highland

Under 25? If so, this is the sexual health service for YOU! Clinic (with doctor, nurse and counsellor present) sessions held after school/work on Mondays, Tuesdays, Thursdays and lunchtime on Saturdays. The friendliest service around!

www.brook.org.uk

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CAITHNESS & SUTHERLAND WOMEN'S AID

Caithness & Sutherland

Caithness & Sutherland Women's Aid have a well-established Children and Young People's Service, which has a dedicated team of four Children and Young People Support Workers (CYP Support Workers). The aim of the service is to provide emotional and practical support to children and young people (CYP), who are referred to our service and who have (or whose family has) experienced or are experiencing domestic abuse. Each child or young person referred to the service is allocated one of the CYP Support Workers as their key-worker. Support is led by the child or young person and is individually tailored to suit the child/young person, their life and their experience(s).

Refuge Telephone Number: 0845 408 0151

Children's Service Outreach Mobile Number: 0790 353 2005

e-mail address: info@caswa.org.uk

P.O. Box 6460, Wick, KW1 4WZ

www.caswa.org.uk

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CALMAN

Highland

We offer housing related advice & information, and housing based 1:1 support to young tenants in Easter Ross, Inverness and South-East Sutherland.

We also have a worker based in the wider Highland area who links young people in need of advice and support with the relevant services.

We also offer training opportunities in Easter Ross and Inverness for young people in transition.

www.leavinghomeinthehighlands.org

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CARE AND LEARNING ALLIANCE (CALA)

Highland

CALA provides a range of services that can be specifically targeted to both children and family's needs. These include:

- Start-up Support
- Advice, Information and Practical Guidance
- Employment Advice & Support
- Employment Opportunities

www.careandlearningalliance.co.uk

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CHIP+ (Children in the Highlands Information Point)

Highland

CHIP+ provides information, advice and support to children with additional support needs, their parents, their carers and/or the professionals working with them.

<http://www.chipplus.org.uk/>

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CHILDCARE & FAMILY RESOURCE PARTNERSHIP

Highland

Family Resource Partnerships bring together a wide range of statutory and voluntary sector representatives to inform and further the development of local services.

Contact:

Old School House, Clachnaharry, Inverness, IV3 8RB

Tel 01463 711176

Email

hayley.brown@highland.gov.uk

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CHILDCARE INFORMATION SERVICES

Highland

We are also responsible for a reliable, up-to-date, accessible information service about childcare and this is maintained by the Childcare and Early Education Service.

A lo-call helpline is available - 0845-6011345 - with web access at

www.scottishchildcare.gov.uk

For further information and resources for all involved in the care of children 0-8 years:

www.ngflscotland.com/earlyyears/

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CHILDREN 1ST

Highland

The Killen Family Resource Centre in the Black Isle, Ross-shire, provides a therapeutic service for children and young people to help them recover from the effects of childhood abuse and neglect. At Killen we provide individual counselling and family support and help families protect their children from further abuse. We also work with adults who have been abused as children, where this is affecting their ability as parents.

www.children1st.org.uk

www.children1st.org.uk/index.php?page=65®ion=2

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CHILDREN'S SERVICES WORKERS

Highland

www.forhighlandchildren.org/4-icspublication/index_13_3080800537.pdf

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CHILDREN'S REPORTER (SCRA) & THE CHILDREN'S PANEL

Highland

The Children's Hearings System is the care and justice system for Scotland's children. It is a unique system which upholds the welfare and rights of children, while ensuring that targeted assistance is provided to those in need of special, compulsory measures to ensure their care, protection and appropriate behaviour.

www.scra.gov.uk

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CHOCS

CSER

For young people who have a disability or who struggle in social situations for whatever reason.

Runs weekly throughout the school term, alternating between Golspie Community Centre and Dornoch Academy with activities according to the location.

Contact: Catherine Throw Tel 01408 635360

Saturday Group

This is a social skills group for young people who have Autism.

Based at the Isobel Rhind centre in Invergordon. Runs every 2 weeks from 10 - 3.30pm

Contact: Jackie Ross Tel: 07825 116 487.

www.autism.org.uk/directory/a-to-z/pg=1/resources/13746.aspx

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CITIZEN'S ADVICE BUREAU

Highland

We are proud to have a team of excellent volunteer advisers who are well trained and dedicated. They will help you with any problem you may have by looking up information for you, giving you advice and helping you explore your options and negotiating on your behalf if necessary. Some of the issues we deal with are benefits, housing, employment, family and neighbour problems, debt and consumer issues. This list is not exhaustive. We will help with any issue brought to the bureau.

www.adviceguide.org.uk

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COMMUNITY LEARNING AND LEISURE

Highland

- Life Long Learning projects
- Community Learning plans
- Support for Social Inclusion Partnerships
- Training opportunities for youth work staff
- Play schemes
- Youth Clubs and Youth Forums
- Arts and Sports Development
- Events

www.hccll.highlandschools.org.uk/

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ADULT BASIC EDUCATION

Highland

Services we provide are:-

- courses to help parents develop their own literacy and numeracy skills
- courses to help parents with value time spent on activities with their children
- help parents to keep up with and assist children with homework and reading

www.abeweb.co.uk/

www.highland.gov.uk/learninghere/communitylearning/adultbasiceducation/

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INVERNESS LEISURE

Highland

What services do you provide?

| | |
|---------------------------------------|---------------------------------------|
| Sports facilities | Climbing Wall |
| Leisure Pool | Children's Activities |
| Competition Pool | Swimming Lessons |
| High Life Scheme | Events Diary |
| Conference facilities | Beauty Salon |

www.invernessleisure.co.uk

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LIBRARIES

Highland

www.highlifehighland.com/libraries

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CROCUS

Highland

http://www.breathingspacescotland.co.uk/bspace/controller?p_service=Content.show&p_applc=CCC&pContentID=479&mode=detail&detail=6986

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CROSSROADS

Highland

What services do you provide?

Crossroads is a charitable organisation which provides trained, security cleared Care Assistants to take over the responsibilities of the Family Carer at agreed times on a regular basis to give the Carer a break. They take on all the tasks usually undertaken by the carer e.g. washing, feeding, stimulation.

www.crossroads-scotland.co.uk/index.html

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CRUSE BEREAVEMENT CARE SCOTLAND

Highland

Cruse Bereavement Care Scotland (CBCS) exists to promote the well-being of bereaved people and to enable anyone bereaved by the death to understand their grief and cope with their loss. The organisation provides counselling and support and offers information, advice, education and training services.

www.crusescotland.org.uk/

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DOMESTIC ABUSE

Highland

1 in 5 women in Highland will experience domestic abuse in their lifetime. Many of these women will have children and this has huge implications for them. In fact, research has shown that in 90% of cases, children are in the same or next room while attacks on their mothers are taking place. It is estimated that 100,000 children and young people in Scotland live with domestic abuse.

Domestic abuse can have a profound effect on people and can contribute to mental health difficulties, drug and alcohol misuse, physical disability and many other problems.

Domestic abuse is a crime and will be treated as such by the police.

www.scottishwomensaid.org.uk/

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DYSLEXIA ASSOCIATION

Lochaber

What services do you provide?

- Provide support for children and adults who have Dyslexia
- Help update and inform/support parents and pupils with the latest information on Dyslexia

- We increase public awareness of Dyslexia

www.westhighlandhealth.co.uk/reader.aspx?EntryID=42&TopicID=17

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EDUCATIONAL PSYCHOLOGICAL SERVICES

Highland

Educational Psychologist (EPs) are specialists working in the area of child development and education. They can work directly with children/young people and their families wither individually or in groups. They also offer training and development work to a variety of groups, organisations and agencies and contribute to the emotional well being of children and young people. EPs may offer advice and consultation to those working with children/young people, often through Liaison Group discussions. The service can suggest ways to prevent, manage or resolve difficulties as they arise, working in partnership with children/young people, parents/carers and others.

www.highland.gov.uk/learninghere/psychologicalservice/

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FAMILIES OUTSIDE

Highland

Voicing the needs of families affected by imprisonment.

www.familiesoutside.org.uk/

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FAMILY GROUP CONFERENCING – “Family Solutions” (CHILDREN 1ST)

Highland

What Service to you provide?

Family Group Conferencing is a family-led decision making process. The service is for families of pre-birth & pre-school children affected by parental substance misuse.

Tel:- 01381 620757

www.children1st.org.uk

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FAMILY MEDIATION

Highland

A service which supports families affected by parental separation, family disruption, change or amalgamation.

What services do you provide?

- Mediation on children's issues
- Counselling service for Children & young people
- Support to parents
- General Enquiry service on related issues

All services are free and confidential

<http://www.relationships-scotland.org.uk/index.shtml>

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FARM TO WORK

Highland

There is increasing evidence that working on a farm has benefits to both health and wellbeing. Participants connect with a healthy daily structure and meaningful work in a natural environment-gaining social, educational and training benefits.

Farm to Work Project aims to combine growing food, animal rearing, conservation work and rural skills with work conditioning and vocational rehabilitation.

The project is based at Ballicherry Farm, Balblair on The Black Isle where cereals, grass and vegetables are grown and a selection of farm animals are kept for breeding and overwintering. There is also ongoing conservation and environmental work taking place on the farm throughout the year. The farmer and his staff encourage participants to be part of the farm team with work varying according to the seasons. Furthermore a qualified health professional is available on the farm to advise and support participants to assess suitability of tasks in relation to any health condition or disability with the aim of developing people's potential rather than focusing on limitations. Employability support will also be given to participants during their period on the farm.

Farm to Work Project is jointly funded by The Department of Work and Pensions, Skills Development Scotland and The Highland Employers Coalition.

Referral to Farm to Work is arranged through Careers Advisers, Job Centre Plus Staff and Condition Management Team at NHS Highland. Placements on the farm last up to 12 weeks and participants will be asked to take part in an independent evaluation of the project.

Opening hours for the project are normally 8am-5pm and participants are accepted on a full time or part time basis.

A regular bus service from Inverness to Cromarty passes the farm several times most days.

For further information contact Caroline Matheson, Project Manager on 01381 610355

FARM TO WORK REFERRAL/STARTER FORM

Please use BLACK INK and CAPITALS

CONFIDENTIAL

PART ONE- PARTICIPANT DETAILS

FIRST NAME-

LAST NAME-

N.I NUMBER-

LENGTH OF UNEMPLOYMENT-

LENGTH OF INCAPACITY BENEFITS CLAIM -

REASON FOR CLAIM-

ALL RELEVANT HEALTH ISSUES-

ANY INFORMATION ABOUT THE PARTICIPANT THAT MAY AFFECT PARTICIPATION?-

CAN THE PARTICIPANT ARRANGE THEIR OWN TRANSPORT TO THE FARM?-

HOW MANY HOURS PER WEEK WILL THE PARTICIPANT ATTEND? –

CONTACT DETAILS OF PERSON MAKING REFERRAL-

NAME-

ADDRESS-

TELEPHONE-

SIGNATURE -

PART TWO- PROVISION DETAILS

ANTICIPATED START DATE-

ANTICIPATED END DATE-

FAILED TO ATTEND START? -

PARTICIPANT SIGNATURE-

PROVIDER SIGNATURE-

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FORWARD WITH FAMILIES

Skye

A tailored support service to families with at least one child under 17, delivered by trained volunteers who provide a flexible home visiting service and facilitate group meetings and workshops where parents can share their skills.

Forward with Families is a registered charity and a subsidiary of Highland Pre-School Services and works in close partnership with all agencies in the community. If you would like to volunteer your help in Skye & Lochalsh please contact:

Tekela Koek, 07810 480972

tekela@forwardwithfamilies.org

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FOSTER AND ADOPTION SERVICE

Highland

We recruit, assess, train & support foster carers and adoptive families.

We provide post adoption support.

We provide adoption counselling to those affected by adoption.

www.highland.gov.uk/socialwork/servicestochildrenandfamilies/fosteringandadoption/

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GLACHBEG CROFT

Highland

What services do you provide?

- Day programmes for school classes on most curriculum areas through the context of farming and Sustainable Development Education. Including opportunities presented in "A Curriculum for Excellence".
- Placements for individual children with additional support needs. These can vary from work type placements to curriculum work.
- Opportunities for other organisations to use the facilities at the croft.

www.glachbeg.org.uk

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GYPSIES and TRAVELLERS AND CHILDREN WHO EXPERIENCE INTERRUPTED LEARNING

Highland

The service provides the coordination of arrangements, across Highland, to support the educational needs of Gypsy and Traveller and other children who experience interrupted learning across the age range 3 to 18 using an integrated services approach.

www.highland.gov.uk/livinghere/housing/gypsytravellersinhighland/

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HANDS ON SCOTLAND

Highland

- Help to help children to flourish
- How to help with troubling behaviours

www.handsonscotland.co.uk/homepage_centre.html

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HEALTHY HIGHLANDER

Highland

The Health Information and Resources Service offers a wide range of services. We provide Health Information, support numerous campaigns and have an extensive library.

www.informatics-scitech.co.uk/healthyhighlanders/

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HIGHLAND CARERS PROJECT

Highland

We consult regularly with young carers throughout Highland and use their voice to develop our information and training. We can provide advice, information and training to professionals in both adults' and children's services to enable the identification and support of young carers.

www.forhighlandyoungcarers.co.uk

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HIGHLAND CHILDREN'S FORUM

Highland

Highland Children's Forum exists for the benefit of children in need living in Highland area. It recognises every child's right to express his or her own views on matters affecting them. It attempts to hear the voice of children in need and to represent that voice to those who design or offer services.

www.highlandchildrensforum.org

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HIGHLAND DEAF EDUCATION SERVICE

Highland

We are part of the Highland Council's Education Department and aim to meet the educational needs of deaf and hearing impaired pupils throughout the Highlands.

www.ndcs.org.uk

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HIGHLAND DEVELOPMENTAL COORDINATION DISORDERS GROUP

Highland

What services do you provide?

- To promote the awareness and understanding of Developmental Co-ordination Disorder.
- To support individuals and families affected with Developmental Coordination Disorder.
- To organise social events for individuals and their families.

www.hdcd.org.uk

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HIGHLAND DRUG AND ALCOHOL INFORMATION LINE - Tel: 0844 848 3778

Highland

The Information Line is run by NHS Highland and the Highland Drug & Alcohol Action Team and provides information about drug and alcohol services available around Highland. Members of the public, as well as professionals, can contact the Line for appropriate advice about where to get help. Confidential support services such as community Mental Health Team, Youth Action Teams and counselling services are widely available across Highland.

www.highland-adp.org.uk/

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HIGHLAND PRINT STUDIO

www.highlandprintstudio.co.uk/

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HIGHLAND SOCIETY FOR BLIND PEOPLE

Highland

What services do you provide?

This Society provides a service of support, advice and information to parents and children, personal independence training and orientation and mobility programmes. For young people who are blind or have a visual impairment, this is important for mobility and safety and should increase their confidence and ability to move around and understand their environment.

<http://www.highlandsocietyforblindpeople.co.uk/>

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HIGHLAND YOUTH ENVIRONMENT HERITAGE PROGRAMME - BTCV Scotland

Highland

As part of the Youth programme volunteer team you will be offered a mix of onsite training on practical environmental projects and sessions with specialist trainers in skills such as drystone walling and cobbling. You will also learn why conservation is important and that it offers rewarding career prospects.

The programme is open to 14 - 25 year olds.

http://www2.btcv.org.uk/display/btcv_scotland
http://www2.btcv.org.uk/display/btcv_inverness

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HOME-START ROSS & CROMARTY

Ross

Home-Start Ross & Cromarty is a voluntary organisation in which trained volunteers offer regular support, friendship and practical assistance to families who are experiencing stress and have at least one child under five years of age. Home-Start is committed to equal opportunities.

www.homestartrossandcromarty.org.uk
www.home-start.org.uk/

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KIDS ZONE, OUT OF SCHOOL CARE

Lochaber

What services do you provide?

- We offer after school care Monday - Friday, 2.30 - 6pm
- Full day care during school holidays, in service days and public holidays
- All children aged between 4 and 12 years are eligible.

<http://www.westhighlandhealth.co.uk/reader.aspx?TopicID=8&EntryID=40&MMID=6>

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KINSHIP CARE SUPPORT SERVICE

Highland

Children 1st provide support to Kinship Carers, who care for a "looked after" child, throughout Highland. A "Survival Guide" is available to all Kinship Carers. Individual advice and guidance is also offered as well as group work and peer support.

<http://www.children1st.org.uk>

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LGBT

Highland

LGBT Youth Scotland is Scotland's largest youth and community-based lesbian, gay, bisexual and transgender (LGBT) organisation.

www.lgbtyouth.org.uk/

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LOCHABER COMMUNITY CARE FORUM

Lochaber

Advice, support and making connections for Young Carers

The Forum also has a Handyperson Service and a Volunteer Visiting Service.

www.spanglefish.com/lochabercommunitycareforum/

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LOCHABER DEAF CARE

Lochaber

What services do you provide?

- Supply & fit batteries and tubing for NHS hearing aids
- Talk to individuals about issues relating to deafness
- Provide advice and information on specialist equipment, services & hearing aids
- Referrals to Social Work for home assessments
- Audiology
- Social Evenings
- Lip-reading and Signing Classes available
- Deaf Awareness & Communication Tactics training
- Quarterly magazine

www.westhighlandhealth.co.uk/reader.aspx?TopicID=17&EntryID=41&MMID=6

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LOCHABER DRUG AND ALCOHOL FORUM

Lochaber

The Lochaber Drug & Alcohol Forum is part of the Highland Drug & Alcohol Action Team network, funded annually by HDAAT in order to implement related activities within the Lochaber community.

www.highland-adp.org.uk/lochaber.asp

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LOCHABER HIGH SCHOOL WEBLOG

Lochaber

Lochaber High School and Dyslexia Lochaber have worked together to create an innovative new website which provides an audio revision service for pupils with dyslexia.

www.lhsblog.highland.sch.uk

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LOCHABER WOMEN'S AID & CHILDREN AND YOUNG PERSON'S SERVICE

Lochaber

Domestic abuse (as gender-based abuse), can be perpetrated by partners or ex-partners and can include physical abuse (assault and physical attack involving a range of behaviour), sexual abuse (acts which degrade and humiliate women and are perpetrated against their will, including rape) and mental and emotional abuse (such as threats, verbal abuse, racial abuse, withholding money and other types of controlling behaviour such as isolation from family or friends).

Any woman can be abused, there is no "typical abused woman" and those women can be any age, any race or hold any place in society. Research shows that 1 in 5 women experience abuse at some time in their lives and at any one point in time 1 in 10 women will be experiencing domestic abuse and will experience abuse on average 35 times before seeking outside help.

www.lochaberwomensaid.org/

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MACMILLAN CANCER SUPPORT

Highland

www.macmillan.org.uk/HowWeCanHelp/HowWeCanHelp.aspx

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MENTAL HEALTH - HUG (Highland Users' Group)

Highland

What services do you provide?

- HUG is a network of users of mental health services, with 14 branches across the Highlands. Our main aim is to improve the way we, as users of mental health services, are treated and to challenge the stigma surrounding mental illness, through the education of the public and professionals.

- HUG works on a local, Highland and National level to influence policy and planning, and to encourage improvements in the management and delivery of mental health services.
- The Highland Community Care Forum, which supports HUG, is a charitable organisation providing a platform for users of community care services and their carers.

www.hug.uk.net/

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NEW START

Highland

New Start Highland is a charity established to provide practical help to homeless people who are moving into their own home. New Start Highland will assist them to tackle the difficulties that they face once housed.

www.newstarthighland.org/

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NHS HIGHLAND

Highland

www.nhshighland.scot.nhs.uk/

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NORTHERN CONSTABULARY COMMUNITY SAFETY

Highland

www.northern.police.uk/

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PARENTING - PARENT NETWORK SCOTLAND

Highland

Parent Network started in London in 1986 and began working in Scotland in 1991. In 1999 we became independent when Parent Network joined our sister organisation Parentline Plus. Despite maintaining close links, we established ourselves as a Scottish charity and limited company. Our core work is delivering courses and workshops in parenting skills to parent sand professionals. Our courses are informal, practical and participative. We encourage parents to recognise and celebrate their existing skills, as well as developing new strategies for the future. In addition we:

- Provide information and other resources to parents and professionals.
- Work in partnership with voluntary and statutory agencies to support and educate families.
- Use our experience to develop and inform national and local policies on family issues.

<http://www.parentnetworkscotland.org.uk/>

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RED CROSS

Highland

What service do you provide?

- Activities, lesson and assembly plans and ideas to equip teachers to deliver citizenship and humanitarian education to young people in and after school.
- The resources are for use with 9-16 year olds.
- The resource topics fall into 4 themes: disasters and emergencies, conflict and its consequences, health, diversity and tolerance.
- The materials are up to date and topical
- They are easy to use - pick up and go for busy teacher, plus plenty of ideas and scope for teachers to build on the topic

What are the Resources?

- Assembly kits - a scripted performance plus add-on activities
- Ten minute briefings - the key issues summarised for teachers in 10 minutes
- Above and beyond - extra activities, homework, puzzles and fillers
- News thinks! - fortnightly email with 4 news stories to discuss with students
- Class acts - lesson plans exploring humanitarian education through real-life stories

<http://www.redcross.org.uk/Where-we-work/In-the-UK>

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RESIDENTIAL PLACEMENT GROUP

Highland

The remit of the Residential Placement Group is to consider the resourcing for all children and young people who may require an out-of-authority residential placement, including care, educational and health components. It will provide advice and make decisions on such placements. Except in exceptional circumstances, placements will not be authorised unless they are approved by the Group. This will include consideration of possible changes of placement, if need be at a subsequent meeting of the Group, following emergency transfers.

The Group also consider referrals for the Intensive Support Service and ISMS.

The Group should be attended by Area Children's Service Manager and Area Education Manager.

Referrals will only be accepted after discussion and agreement at the Service Manager's Group meeting.

Contacts

Jon King
Head of Integrated Children's Services

Tel 01463 702870

Helen Stewart
Administrative Assistant (Children & Families)

Tel 01463 702871

Fax: 01463 702855

jon.king@highland.gsx.gov.uk

helen.stewart@highland.gsx.gov.uk

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SACRO Highland

Highland

SACRO has 3 services currently operating in the Highland area:-

- **Community mediation Service** to help neighbours resolve difficulties and find a way forward for all concerned. Free and confidential service to anyone living in the Highland area.

- **Supported accommodation service** for individuals (16 years plus) referred by Criminal Justice Workers and Prison Social Workers.

Outreach support to those living in SACRO accommodation including advice, information, care plan / support, supported accommodation, practical help

- **Youth Justice Services** providing a Restorative Justice Service. Young people are referred by the Children's Reporter, Social work and Youth Action Team when an offence has been committed by a young person and where there is an identifiable victim.

www.sacro.org.uk/index.html

www.sacro.org.uk/html/inverness.html

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SAFE STRONG AND FREE PROJECT

Highland

The Safe Strong and Free Project (ssf) believes that every child has the right to grow up safe, strong and free and that preventing sexual assault and exploitation of children is the responsibility of the whole community.

<http://www.ssf-project.org.uk/>

<http://www.connections-highland.org.uk/>

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SCOTTISH SOCIETY FOR AUTISM

Highland

The Scottish Society for Autism seeks to ensure the provision of the best possible education, care, support and opportunities for people of all ages with Autistic Spectrum Disorders in Scotland. The society also seeks to support families and carers, improve understanding of autism and develop best practise amongst carers, professionals and society at large. We are the leading provider of services for people with autism in Scotland.

www.autism-in-scotland.org.uk

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SHIRLIE PROJECT

Highland

We work with children with support needs who need extra support while in school and who are at risk of dropping out of school.

www.shirlie.co.uk/

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SKILLS DEVELOPMENT SCOTLAND

Highland

- Choose a career
- Get a job
- Make a change
- Learn and train

www.myworldofwork.co.uk/

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SOAR

Caithness Sutherland & Ross

For school aged children with physical and / or learning difficulties or special needs.
Service:-

School holiday club in Invergordon, Dingwall, Helmsdale and Watten - please phone for details.

Youth Club:-

Helmsdale on Saturdays.

Alness - Thursday 6.30 - 8.30pm (over 12's)

Invergordon - Friday 7 - 9pm (over 18's)

YOFI:-

Invergordon - Saturday 10 - 4pm

After School Club:-

Dingwall Leisure Centre, 3 - 6pm (5 - 19 yrs)

Tain Royal Academy, Mon/Tues 3 - 6pm, Weds - complex

needs

Contact Morag Robb - SOAR Youth projects Tel: 01349 853508

www.soaregen.org.uk/

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SOCIAL WORK SERVICES (CHILDREN & FAMILIES)

Highland

What services do you provide?

- Support for children, parents, carers and their families
- Statutory work for Children's Reporter
- Child Protection
- Help and assistance for children affected by disabilities

- Advice, guidance and assistance as per Children (Scotland) Act
- General advice on childcare matters
- Refer on to other services as appropriate

www.highland.gov.uk/socialwork/

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SPECIAL KIDS IN PLAY

[Lochaber](#)

Who are we?

SKIP is a local charity, run by a committee of parents of children with learning /physical disabilities.

What do we provide?

- Holiday play scheme for children
- After School Club
- Registered play leader
- Door to door transport

www.westhighlandhealth.co.uk/reader.aspx?TopicID=17&EntryID=50&MMID=6

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STREETWISE PROJECT

[Highland](#)

What services do you provide?

- Help young people to identify their needs
- Help young people to find solutions to their problems
- Encourage involvement in youth lead project which give people something to do and teach them valuable skills for later life
- Helps young people to explore their own beliefs about issues such as drugs, alcohol and anti social behaviour etc.
- Advise young people on sexual health and where to access information
- Involve young people in safe risk taking activities that include out door education, Duke of Edinburgh, Football and other sporting activities.

www.streetwise-highland.org/welcome.html

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TERRENCE HIGGINS TRUST

Highland

The Terrence Higgins Trust is the largest HIV and sexual health charity in Europe. Since 2006 we have been established across Scotland, offering a range of services for those infected or affected by HIV, Hepatitis and Sexually Transmitted Infections, or for people or organisations interested in finding out more about HIV, Hepatitis and STIs. Our Highland Service Centre in Inverness aims to provide these services to everyone living or working in the Scottish Highlands.

What services do you provide?

- **promote** sexual health and well being, without discrimination, to all sections of the Highland community
- **provide** information, practical and emotional support, and referrals to appropriate agencies on the subject of sexual health
- **encourage** users, as appropriate, to take responsibility for their own health and well-being
- **enable** those people in the community who are sexually active, or who are about to become sexually active, to make informed choices
- **provide education** and awareness on issues relating to HIV, Hepatitis and other STIs
- **foster understanding**, support and a spirit of non-discrimination for those affected/infected by HIV, as well as men who have sex with men and women who have sex with women
- **challenge prejudice** and stigma on issues relating to sexual health, sexual orientation and gender.

www.tht.org.uk/contactus/scotland/#inverness

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THE PRINCE'S SCOTTISH YOUTH BUSINESS TRUST (PSYBT)

Highland

The Prince's Scottish Youth Business Trust was launched in 1989 by its president, HRH The Prince Charles, Duke of Rothesay.

If you're between 18-25 and want to start up in Scotland, we can help you get going. We can even help you expand an existing business if you've already had the courage to go it alone. All applications are dealt with on a case-by-case basis, and if you have a particular disability or disadvantage we may be able to extend eligibility to 25-30 years old.

What services do you provide?

Funding, advice and support to young people who wish to start or develop their own business.

www.psybt.org.uk
www.highland-opportunity.com

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THE SITE

Highland

Self Harm - Recovery, Advice and Support

www.thesite.org/healthandwellbeing/mentalhealth/selfharm

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VIA (VICTIM INFORMATION AND ADVICE)

Highland

What does VIA do?

VIA provides information and advice about how the criminal justice system works.

VIA helps victims and witnesses of crimes reported to the Procurator Fiscal which involve:

- Domestic abuse
- Racist or religiously aggravated crime
- Sexual offences
- Child victims and witnesses
- Other serious crime

VIA also offer a service to:

- Nearest relatives in cases of deaths which may involve criminal proceedings, or if there is to be a Fatal Accident Inquiry or extensive investigation.
- Vulnerable witnesses, victims or nearest relatives. A person may be considered vulnerable if they need additional support; for example, if English is not their first language, or they need support to give evidence or help getting into court.

www.crownoffice.gov.uk/Victims

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VERY IMPORTANT KIDS PROJECT

Highland

www.vik.org.uk/?gclid=CLuNrYj96aoCFcwJtAod2hMzPQ

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WAVERLEY CARE

Highland

Waverley Care is Scotland's leading charity providing care and support to people living with HIV and Hepatitis C, and to their partners, families and carers. As part of our work we also strive to raise awareness of these conditions and their prevention.

What services do you provide?

- **promote** sexual health and well being, without discrimination, to all sections of the Highland community

- **provide** information, practical and emotional support, and referrals to appropriate agencies on the subject of sexual health
- **encourage** users, as appropriate, to take responsibility for their own health and well-being
- **enable** those people in the community who are sexually active, or who are about to become sexually active, to make informed choices
- **provide education** and awareness on issues relating to HIV, Hepatitis and other Blood Borne Viruses.
- **foster understanding**, support and a spirit of non-discrimination for those affected/infected by HIV, as well as men who have sex with men and women who have sex with women
- **challenge prejudice** and stigma on issues relating to sexual health, sexual orientation and gender.

www.waverleycare.org/

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WHO CARES SCOTLAND

Highland

Looked after young people - for advice, fun and the chance to have your say.
For professionals and carers - media and education.

www.whocaresscotland.org

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WILDERNESS EXPERIENCE

Highland

Wilderness Experiences is a fully registered mobile children's home offering placements for up to 10 weeks for young people both male and female aged between 10 and 18 years.

We have been registered since 2001 as a children's home and additionally hold an A.A.L.A license for a range of adventurous outdoor activities.

We have a long standing dedicated staff team from a variety of backgrounds including education, care and the outdoors.

www.wildernessexperiences.net/

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WOMEN'S AID OUTREACH SERVICE

Highland

Women's Aid is the key national charity working to end domestic violence against women and children. We support a network of over 500 domestic and sexual violence services across the UK.

www.womensaid.org.uk

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Kidz Camp

INBS

- Scared to go home?
- Frightened? Angry?
- Feel like running away?
- You're not alone.
- Let us help you.

www.kidzcamp.co.uk

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YOUNG CARERS

Skye

What services do you provide?

Support for young carers in the Skye and Lochalsh area under the age of 18, whose life is affected by caring responsibilities for someone in the family who has a disability, physical or mental ill health impairment's, substance or alcohol misuse.

www.skyeyoungcarers.co.uk/

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YOUNG CARERS - Highland

Highland

<http://www.forhighlandyoungcarers.co.uk/>

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YOUTH ACTION SERVICE

Highland

Youth Action Teams are currently based in four areas of Highland with an aim to provide, at a local level, services to young people offending or using drugs and alcohol.

www.highland.gov.uk/socialwork/servicestochildrenandfamilies/youth-action-services.htm

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YOUTH SCOTLAND

Highland

www.youthscotland.org.uk

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