

# Health Promoting Schools Guidance

The Highland Council and NHS Highland  
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## Maintaining Status

The Schools Health Promotion and Nutrition (Scotland) Act 2007 instructs all local authorities to ensure that schools retain their Health Promoting Schools status and that 'Health and Wellbeing' features in school development plans. All schools in Highland have been accredited as Health Promoting Schools via a separate accreditation process; this process has now been revised to blend in with national developments such as Curriculum for Excellence.

## Support

To ensure that the high standard set by schools in Highland continues and that HPS becomes mainstreamed as Health and Wellbeing in all our core business, retaining HPS status is now embedded within QA procedures.

All schools in Highland have been issued with a Health Promoting Schools Toolkit (second edition). The toolkit contains valuable information and resources to support schools to ensure Health and Wellbeing can be considered across the school community and schools can self audit against 10 criteria. Each of the HPS criteria is thoroughly cross-referenced to HGIOS3 key indicators.

## Process

All schools in Highland will retain their HPS status by:

1. Considering their progress since the original accreditation and including a statement within their school profile or development plan.
2. Requesting that their Quality Improvement Officer confirm this during a visit to the school.
3. The Health Promoting Schools Manager will be informed of the confirmation in order to collate Highland wide information to ensure monitoring of the process.
4. A partnership letter will be sent to the school confirming Health Promoting Schools status.

This will be an ongoing process repeated annually as part of QA procedures.

## Notes

- Schools can still request a Health and Wellbeing focussed visit from the Quality Improvement Officer or Health Promoting Schools Manager, a Health and Wellbeing report will then be produced and can be used as evidence. This will also enable a sampling method to share good practice and quality assure Health and Wellbeing progress.
- The HPS Manager and QIOs can request that individual schools be part of the sampling process.
- Schools are not required to complete a portfolio of evidence but this is recommended.
- Health Promoting Schools Officers working in localities will ensure that Quality Improvement Officers are informed about schools progress.
- For further information please speak to your HPS Officer or HPS Manager.