

Parenting Sub Group Meeting

2:30pm

Conon Family Resource Centre

Facilitator: Ian Goode **Type of meeting:** Partnership Meeting

Attendees:

Ian Goode, Marion Fraser, Catherine Zalwalynski, Susan Campbell, Charles Stephen, Janette Walker, Joy Barton, Alison Horner

Apologies: None

Feedback from the seminar- Joy Barton will work on with support from team

Outstanding work:

Generic Referral Form- Already in use, Janette Walker suggested additional items to be added

Template for Courses- Joy Barton will liaise with Colin Wilson about these

Minutes

Agenda item: Webster Stratton Update & Positive Parenting **Presenter:** Janette Walker

Discussion:

WS: Muir of Ord and Cromarty both have follow-up activities planned for the parents who were involved on the course. Ullapool- 16 attending and running well. Invergordon- 6 attending- The low numbers may be due to the fact that those referred were unknown to the facilitators; more local support by professionals would also be very helpful because they know the families and their needs. Those referring parents should consider whether or not the type of course is appropriate for the parent at that time. (i.e. group work, time commitment)

Incredible Years Training Day for crèche workers, early years workers, & children service workers. Date in May to be decided. This will offer a brief overview of the course material.

Positive Parenting: Colin is doing work with the Youth Action Team and is addressing parenting orders and parenting education. The provision is open to other parents as well.

Conclusions: Janette and Catherine recommended that facilitators either know the parents already or visit them prior to the course. It is ideal if the course is facilitated or supported by a local professional who knows the parents.

Action items	Person responsible	Deadline
✓ Charles will get an update from Colin about P.P. facilitator training	Charles	

Agenda item: Family Learning Co-ordinator **Presenter:** Joy Barton

Discussion:

Joy has been in contact with agencies and individuals involved in parenting education. She will be involved in organizing the parenting courses in Munloch & Dingwall for Healthways and hopes to also get involved with Parents on the Ball.

Conclusions:

It was decided that referral forms will go to Joy and she will then pass them on to the appropriate person(s).

Action items	Person responsible	Deadline
✓ See outstanding work section	Joy	
✓ Meet with Healthways concerning courses	Joy	16 Feb

Agenda item: Healthways Incredible Years Courses

Presenter: Ian Goode

Discussion:

Healthways will be sponsoring 2 Incredible Years Courses- Dingwall & Munloch/North Kessock. These will start at the end of April and run 10-12 weeks in order to finish before the summer holidays. They will be delivered by local HV. Referrals will need to be returned to Joy by 16th March. Joy will liaise with Healthways, Alison Horner, and the person delivering the course to discuss the referrals.

Conclusions: Susanne Standish-White (Healthways) and Joy will be working together to organize these programmes. Shortening the course is not ideal and may need to find other options in order to cover all the material

Action items	Person responsible	Deadline
✓ Referrals need to be sent out beginning of March	Joy	1 March
✓ Organize referral group meeting	Joy	27 March

Agenda item: Sure Start funding – Parents on the ball

Presenter: Susan Campbell

Discussion:

6 parents are finishing the course. They are moving on to the “Get a Goal” programme which helps parents gain skills, learn to prioritize, and increase their confidence in moving forward. Healthways will be helping evaluate the Parents on the Ball course. Susan will be looking to see how Joy can help administratively.

Conclusions: New course starting end of February with 15 participants

Action items	Person responsible	Deadline
✓ How can Joy help with this programme?	Susan	

Agenda item: Parenting for Academy Pupils

Presenter: Alison Horner

Discussion:

Alison has spoken to Dingwall Academy about introducing parenting training in the school. They have agreed to pilot a programme with 5th & 6th and possibly 3rd & 4th year students. Alison asked for any ideas for possible material to be sent to her. She will be also looking at Pippin & the Webster Stratton material. She is working with Alan Richards on this as well as getting advice from Head Teachers and other various sources.

Conclusions: It was thought by the group that this is a very positive opportunity to help introduce parenting education early on.

Action items	Person responsible	Deadline
✓ Send Alison information or materials that may be useful	Parenting Sub Group	

Any Other Business

Diary: The next meeting will be **24th April, 9:30am at Conon Family Resource Centre**

Issues Raised: Referral Forms- What is the process in deciding who should attend the courses?

Special notes:

“Finance” was not discussed and therefore will be on the agenda for the next meeting.

Charles asked if a development plan (similar to Skye and Lochalsh) would be useful for this sub group. This will be an agenda item at the next meeting.

Janette Walker suggested some changes for the referral form- these were agreed and will be added by Joy.