

Parenting Sub Group Meeting

Facilitator: Ian Goode	Type of meeting: Partnership Meeting
Attendees: Ian Goode, Marion Fraser, Catherine Zawalynski, Susan Campbell, Charles Stephen, Colin Wilson, Joy Barton, Susan Standish-White	
Apologies: Janette Walker, Alison Horner, Lianne Skinner	

Minutes

Agenda item: Updates **Presenter:** Various

Webster-Stratton: **Janette Walker** will be finishing her secondment and returning back to her post as HV in Beaulieu at the end of May. She will be doing a final report. There will be more Incredible Year's facilitator training taking place at the end of the summer.

Incredible Years Insight Day: The two facilitators for this day are no longer able to do the event. It was decided that Catherine Zawalynski and Susan Campbell will approach Liz Mackenzie and Lorraine Talbot (NCH) to see if they can facilitate the day. Joy has already asked Alan Richards and a couple of Health Visitors. None, however, are able to attend. Charles Stephen suggested having Colin Wilson do a similar day from a Positive Parenting perspective. Colin agreed that he would be interested in doing this as he had been hoping to do a similar day in September. Ian Goode felt that if Colin were to facilitate the event, the change would need to be made clear to the participants who had signed up.

Positive Parenting: PP has received Scottish Executive funding to do 8 "Time Out for Teenagers" programmes in the Highlands each year for the next 2 years. **Colin Wilson** is also planning some transitional workshops for parents of P7-S2 students. Colin is currently running a "Time Out for Teenagers" course along with the Youth Action Team in Alness. He is also developing a framework that addresses parenting orders and parenting education. He will be letting the group know about his upcoming programme as it develops.

Discussion:

HealthWays: **Susanne Standish-White** told the group about the two "Incredible Years" courses that they are sponsoring in Dingwall and Munloch. She has asked Joy Barton to help organize the two courses and is happy with the numbers of parents who have signed up for the courses. HealthWays have also hired Anne Macdonald from the Highland Community Care Forum to help support the parents in the "Incredible Years" courses. Anne has experience running various support groups and hopes to help parents continue on with what they've learned after the courses are finished. Susanne hopes they will be able to sponsor more parenting courses in the future, possibly including "Time Out for Teenagers." HealthWays had a successful "Family Day Out" event in Tain where families in Ross & Cromarty were invited to take part in various health promoting activities.

Parents on the Ball/Get a Goal: **Susan Campbell** reported back on these two parenting courses. Surestart funded "Parents On the Ball" has about 15 parents participating on the current course. Donald Macleod will be evaluating the last course and comparing it with the present course. Ross County FC funded "Get A Goal" has begun and is a course that builds on what the parents have learned from "Parents On the Ball" and helps build confidence and focuses on personal development. It was thought that this course should be evaluated as well. Susan suggested that funding for future courses would need to be looked at and that some parents could go on to get experience in childcare by helping in parenting course crèches.

Mellow Parenting: Marion Fraser reported that there were two parenting groups using the Mellow parenting both in Dingwall (10 participants) and Tain (10 participants). Alness just completed a group with 5 parents participating, two of which have gone on to find work. She also mentioned a new programme (not Mellow Parenting) for dads taking place on Saturday mornings at Ross County FC.

Conclusions: Ian Goode pointed out that all of the crèche facilities and childcare services have been exhausted by the current parenting courses in the Ross-shire area. In the future, parenting courses will need to be planned sequentially so that fewer are running at the same time.

Action items	Person responsible	Deadline
✓ Positive Parenting will feedback their upcoming course programme to Joy	Colin Wilson	
✓ Catherine Z and Susan C will try and find a facilitator for the Insight Day	Cath Z./Susan C.	
✓ Alison Horner will be contacted about Parenting classes for Dingwall Academy	Joy Barton	

Agenda item: Parenting Seminar Feedback **Presenter:** Joy Barton

Discussion: Joy distributed copies of the Parenting Seminar Feedback response that she has starting filling in. Each of the 31 feedback points raised at the seminar has been organized into six categories: Training, Provision, Communication/Information, Community Development, Referral, and Aspiration. The Parenting Sub Group will be responding to each point, citing the current situation in the Ross & Cromarty area and areas of future development.

Conclusions: Joy will e-mail the Parenting Sub Group a copy of the feedback form for their contributions. Group members should e-mail their comments back to Joy before the next meeting. This will be an agenda item for the next meeting.

Action items	Person responsible	Deadline
✓ E-mail copy to Parenting Sub Group	Joy Barton	
✓ Sub Group will feedback to Joy suggestions and comments	Parenting Sub Group	

Agenda item: Progress Report **Presenter:** Joy Barton

Discussion: There are 4 parenting courses beginning at the end of April:

Incredible Years Courses (sponsored by HealthWays) Dingwall & Munloch

2 on Skye- Portree (NCH-Parentwise) & Kyleakin (Incredible Years)

Joy has also been working with NCH and Ross County FC helping organize transport, childminders, and phoning participants each week for their two parenting programmes currently running. One difficulty has been finding available crèche workers/childcare facilities. Because of the number of courses running, the demand for childcare is very high. There has been a coach hired for the group in Dingwall in order to accommodate the 20 parents & children who have signed up from Windsor Place, Conon Bridge. Health Visitors have reported back that after participating in the Incredible Years course, phone calls they received from the parents decreased by about 75%. This is one of the positive outcomes resulting from running parenting courses. Joy recently gave a presentation about her post to the Area Children's Service Forum and will be joining Alan Richards (Highland Parenting Development Officer) in presenting to the Highland Family Resource Alliance.

Joy also distributed a copy of an information sheet which lists parenting events that are taking place in the Ross & Cromarty area. The sheet also included websites that might be useful for parents or people working with parents.

Agenda item: Finance **Presenter:** Group

Discussion: This item will be discussed at the next meeting. The new figures will be available at that time.

Agenda item: Development Plan-using the Parenting Seminar Feedback form

Discussion: This will be discussed after the seminar feedback form has been completed

Agenda item: Referral Form-any changes

Discussion: This will be discussed at the next meeting

Action items	Person responsible	Deadline
✓ The new finance figures will need to be collected	Charles Stephen	
✓ Any changes for the referral form will need to be discussed with Janette	Joy Barton	

Next meeting: Tuesday, 20 June 2006 at 9.30- 11.30, Conon Family Resource Centre, Conon Bridge